



15th February 2018

What's On.....

FEBRUARY

- 15th School Nurse Visit
- 19th Parent Club Meeting
- 21st Prep children do not attend on this day
- 22nd Badge Presentation to Captains
- 22nd School Nurse Visit
- 23rd School Nurse Visit
- 26th Prep children commence full time school.
- 27th-2nd School Nurse Visit
- 27th Parent Information Curriculum Evening

MARCH

- 6th Year 6 Excursion to Old Melbourne Jail
- 6th Twilight Sports
- 7th Year 6 Excursion to Old Melbourne Jail

12th Labour Day Public Holiday. No children to attend on this day.

19th Curriculum Day. No children to attend on this day.

- 22nd School photos
- 28th HARMONY DAY
- 29th End of Term 1. School finishes at 2.30pm.

APRIL

- 16th Term 2 begins
- 25th ANZAC Day

JUNE

11th Queens Birthday Public Holiday. No children to attend on this day.

- 29th Term 2 ends. School finishes at 2.30pm

Principal's Message

Dear Parents,

TWILIGHT SPORTS

We will be holding our Twilight Sports evening on Tuesday 6th March, commencing at approximately 6.00pm. This is a fabulous opportunity for parents to meet other families from the school and it is usually a great social occasion too. Activities will take place on the oval. All parents and friends are welcome to attend. Our Parents Club will be holding a barbecue during the evening selling sausages and drinks to our families. I look forward to seeing you all there.

REMINDER-SCHOOL COUNCIL NOMINATIONS

School Council nomination forms must be lodged at the office by 4.00pm on Monday 19th February.

A GREAT SUCCESS!

It was wonderful to see so many parents attend the Parent/ Teacher 'Information Sharing' sessions conducted this week. The interview provides an opportunity to share valuable information for both parents and teachers and provides some time for parents to become familiar with their child's learning environment.

REMINDER—PARENT CURRICULUM INFORMATION EVENING –TUESDAY 27th FEBRUARY.

On Tuesday 27 February, each year level team will be hosting a Parent Information session to outline and explain the various elements of the Victorian Curriculum your child will be covering over the year. The Parent Information sessions will be held on Tuesday 27th February.

YEAR LEVEL	TIME	VENUE
Prep	6.00pm- 6.45	Prep Area - FLS
Year 1	6.00pm-6.45	Hall
Year 2	6.45pm- 7.30	Hall
Year 3	6.45 pm -7.30	Prep Area- FLS
Year 4	7.30pm - 8.15	Prep Area - FLS
Year 5	7.30pm – 8.15	Hall
Year 6	7.30pm -8.15	YR 6 Area- FLS

REMINDER- LEADERSHIP BADGE PRESENTATION CEREMONY

On Thursday 22nd February, we will be conducting a badge presentation ceremony for our Year 6 Student Captains. Ms. Julia Banks MP will be our guest at the assembly and will present students with their badges. The assembly will commence at 10.00am in the hall. A morning tea for school leaders and their parents will be conducted in the staffroom immediately after the ceremony.

PREP COLOUR PARADE

Our Prep students will be participating in a Colour Parade tomorrow, Friday at 2.45 pm on the basketball courts. Parents are welcome to come along and join in the fun.





Parent Seminar

Seminar: 5 Secrets to Build Confidence and Resilience

Tuesday 22 March - '5 Secrets to develop Confidence and Resilience in your children'

This seminar is recommended for parents of students in Prep, Year 1 and Year 2 to learn about how to develop confidence and resilience in your children. The seminar will be presented by Georgina Manning, from 'Wellbeing for Kids', who works in many schools with parents, teachers and students.



For further information and to register for this seminar just follow the [LINK](#)

If you are unable to book for the seminar via the link, please contact the school.

Principal's Corner

It is wonderful to see so many of our students arriving at school each morning with beaming smiles in readiness for a full day of learning. One of Pinewoods priorities is to encourage the development of each child's level of independence, personal confidence and emotional resilience. The following article is from 'Wellbeing for Kids', I think it is an interesting read and would like to share it with you.

Building children's independence.

Children strive to be independent from a very early age. Independence builds self-mastery which in turn builds self-confidence. We all know how it feels when we can achieve something ourselves by putting in effort, practice and determination. It is the same for children – it makes them feel competent, important, capable and confident. Every time we do something for our kids that they can do for themselves the message we are giving them is loud and clear – 'I don't believe you can do this on your own'. This then robs them of the opportunity to develop problem solving skills and the self-belief that they are capable of managing their own lives. Every time a child can manage a situation on their own, they build the foundations of resilience which reinforces a self-belief that they have the skills to manage difficulties when they come their way.

If your child could write you a letter to explain how to help them develop emotional resilience, build confidence and grow independently it would probably read something like this!

Dear Mum and/or Dad, Please help me to be confident and resilient...

- ✓ Let me put my bag away in the morning at school
- ✓ Let me put my reader/homework/diary out myself when I get to school
- ✓ Give me a chance to solve a problem / conflict with a friend on my own (even though I may have talked to you about it and I am feeling upset)
- ✓ Let me talk to a teacher on my own when I have not done my homework (and face the consequences!)
- ✓ Let me do most of my homework on my own (I will ask questions if I need it and if you help me can you please teach me to do it for myself and not do it for me?)
- ✓ Let me talk to a teacher on my own when I have a problem (and got some encouragement from you beforehand if I needed it)
- ✓ Let me clean up after breakfast / dinner – if I can use an iPad then I can clean up!
- ✓ Let me make my own breakfast (even in Prep I can get out the cereal box and milk!)
- ✓ Let me make some or all of my own lunch (with some guidance if making unhealthy choices)
- ✓ Please let me make some mistakes as I need to explore the world myself with some guidance from you.
- ✓ Comfort me when I am feeling sad, down, angry or any other difficult emotions, but know that I need to feel these feelings throughout life – just by being a great listener and comforting me will help me to feel better.
- ✓ Please allow me to solve problems on my own – it's the only way I can build resilience. (I know you are there to help me if I really need you to step in).
- ✓ Please give me lots of responsibility so I become confident in my own abilities!
- ✓ Please do not do anything for me that I can do for myself, this robs me of my confidence.
- ✓ Remind me when I need to calm down and do something that is fun and relaxing so I can develop my own coping skills.



If you would like to find out more about building resilience in children come to our

**Parent Seminar on the 5 Secrets to build confidence and resilience:
7pm Thursday 22nd March**

Karen Jenkin
Principal

CSEF

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- school camps or trips
- swimming and school-organised sport programs
- outdoor education programs, excursions and incursions.

On the first day of term one (29 January 2018) or the first day of term two (18 April 2018), a parent or legal guardian of a student must:

- **be an eligible beneficiary of one of these cards: Veterans Affairs Gold Card, Centrelink Health Care Card, Pensioner Concession Card**
- **OR they must be a temporary foster parent**
- **OR the student is 16 years or older and holds a valid concession card (such as a Youth Allowance Health Care Card)**
- **AND the parent or legal guardian must submit an application by the due date.**

Parents who receive a carer allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with the above.

Eligibility will be determined when the parent's concession card successfully validates with Centrelink on either the first day of term one or term two.

School is compulsory for all Victorian children aged between six and 17 years of age. CSEF is not payable to students attending pre-school, kindergarten, TAFE or who are home schooled.

Payments are:

\$125 per year for eligible primary school students.

If you applied last year, you do not need to fill out a new form as the application will be rolled over and automatically verified by Centrelink.

CSEF forms are available from the office.



Pinewood Netball Club

Training for Grade 4, Grade 5 and Grade 6 commences Thursday 15th February 3:40pm

Training for Grade 2 and Grade 3 commences Friday 16th February 3:40pm

PLEASE NOTE: For families who use aftercare, your daughter/son still needs to be booked into after school care on these nights (participants will be returned to after care at conclusion of training).

Registrations are still open for the 2018 winter season. For further queries please contact Louise via pinewoodnetballclub@gmail.com



'5 Secrets' to develop Confidence and Resilience Parent Seminar



Parents learn:

- Practical strategies to support children to build confidence
- Effective parenting strategies that foster resilience
- How to teach their child positive and effective thinking habits
- Setting limits at home with technology and encouraging free creative play
- Fundamental life skills that all children need to be happy, confident and successful

Parents are supported to teach their child how to:

- Lessen their anxiety
- Cope with life's ups and downs
- Develop independence and persistence
- Become more resilient and confident
- Develop independence and self-efficacy
- Solve problems independently and deal with conflict
- Approach life with a positive outlook to create success

Pinewood Primary
Thursday 22nd March 7pm





SCHOLASTIC  Book Club

Welcome to all returning and new students to Pinewood Primary for 2018!

I am stepping into the role of Book Club co-ordinator for the coming year. A huge thank-you to Emma for all the hard work she has done over the past few years. The first club issue for the year has closed and books will be distributed shortly. Each term there are 2 catalogue runs – with a short Term One keep an eye out for the next catalogue filled with many bargains and great reads. Please remember Premiers Reading Challenge will begin during Term Two and book club is a great way to add to your reading challenge! If anyone has any queries please contact myself via brianber@tpg.com.au.
Thank-you and continue your reading!

Louise Berry

Coles Sports for Schools



During the Coles Sports For Schools program, students families will be able to collect Coles Sports for Schools vouchers for their school from Coles stores across Australia. When the program ends, we can exchange those vouchers towards sporting equipment to encourage all of our to get healthy and active at school.

Every \$10 spent at Coles* during the program, will earn a Coles Sports for Schools voucher. The more vouchers we collect, the more equipment we could receive. Start collecting to support our school.



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East Malvern Junior Soccer Club
Gardiner Park, Glen Iris, VIC 3146
9th-13th April Ages 7-15

FOR FURTHER INFORMATION AND TO BOOK A PLACE:
EMAIL: info@rmfacademies.com
CALL: Paul on 0416 526 633
VISIT: rmfacademies.com





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PLEASE REMEMBER THE 40kph SPEED LIMIT AROUND THE SCHOOL

School Banking day is THURSDAY

Parents should note that advertisements that appear in the newsletter are not necessarily the views of the school council or staff. These services are in no way connected to the Department of Education and are included according to relevance and interest to the school community.

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