



Newsletter

26 MAY 2016

CALENDAR

May

27th District Cross Country

31st ICAS Testing—Science

June

13th Queens Birthday Public Holiday. Children do not attend school on this day.

14-17th ICAS Testing—Writing

15th Popcorn Day

15th ICAS Testing—Spelling

20th Year 3 excursion to RSPCA

21st Parent /Teacher Interviews
3.45- 7.30pm

21st School Council Meeting
7pm

22nd Parent /Teacher Interviews
3.45- 5.30pm

24th End of Term 2, 2.30pm.

27th Vacation Care Begins

July

11th Term 3 starts, 9am

18th Dental Van

19th Pizza Day

21st 100 Days of Prep!

August

1st-5th Science Week

2nd ICAS Testing—English

5th Jolly Bops Incursion

10th OXFAM Concert

Dear Parents,

SAD NEWS

It is with much sadness that I inform the Pinewood community of the passing last night of one of our Prep teachers, Mrs. Mann's, husband, Luke.

It is difficult to convey the words of hope needed in this time of profound loss, however I know that our community will unite behind Mrs. Mann to ensure that she knows that she is in our thoughts, and we will be there to support her in any way possible.

If you would like to send a card or letter of support to Mrs. Mann and her family, please bring it to the office and we will ensure it is passed on at an appropriate time.

We will be sending flowers and messages of support to Mrs. Mann on behalf of the students, staff and parents of Pinewood.

DISCO

Congratulations to our Parents Club for conducting two very successful and well attended discos last Friday evening. Thanks also to the extra parents who registered to assist at the discos. The students really enjoyed the DJ and her selection of music. It was lots of fun! The disco raised the fabulous amount of \$1500. The School values parent support and appreciates your time and effort in making the evening such a success.

HOUSE CROSS COUNTRY

Last week we held our House Cross Country event at the school. It was fabulous to see the children participating so enthusiastically. Thanks to Mr Byron for organising the event and training the students. Thanks also to the staff for manning various points around the school track. Well done to all participants and congratulations to our 2016, House Cross Country winners.



ATHLETICS CARNIVAL

Congratulations to our senior students who participated in the annual 'Athletics Carnival' at the Bill Sewart Athletics track on Monday. It was wonderful to see our students trying their very best at their particular event. I believe it is the eighth year in a row that Pinewood PS has won the district sports. Thanks to Mr Mallet for



Karen Jenkin
Principal



attending the athletics track very early that morning, setting out equipment and organising school areas for the day in readiness for the big event. Thanks also to Mr Byron, Ms McGregor and teaching staff for training our students so well. It was fabulous to see such great sportsmanship between competitors and between schools. Great team effort!

NEW 'ON HOLD' PHONE MESSAGE FOR PINWOOD PS

When you call Pinewood PS and are placed 'on hold', you will now hear a personally designed message celebrating some of the wonderful attributes and programs available at the School. The 'on hold' phone message is several minutes in duration and well worth listening to. We hope you enjoy the experience!

NEW PORTABLE

Our brand new Mod 5 portable has now been officially handed over to the School. Our intention is to relocate our Grade 2M and 2G students, currently situated in an old portable, into the brand new facility. Once Grades 2M and 2G are relocated to the new portables, music classes, with Mrs Blowfield will commence in the empty Year 2 portable as the current music portable, near the car park area, is to be removed by DET over the term 2 holiday period.

PRINCIPAL'S CORNER

How to move your child from worrier to warrior!

By Michael Grose- Parenting Ideas.

Many children worry about seemingly little things that they have no control over. Whether it's worrying about the house catching on fire; monsters or spiders lurking under their beds; or even worrying that their parents will go work in the morning and won't return home can seem irrational to all-knowing adults but make perfect sense to them.

If you are a Type A worrier yourself then you probably fully comprehend your child's anxieties and worries. You know that being told not to overthink things or to stop worrying just won't cut it. If you are the 'It'll be right. Don't overthink it' type then you may be scratching your head wondering what all the fuss is about. There's no doubt that worriers need careful, sensitive handling by families and

teachers alike. Your concern and understanding is one thing but they also need some practical tools and ideas to help them cope now and build strength so they can minimise the impact of worries in the future.

Here's a collection of great ideas that may help you transition a young worrier to being a social and learning warrior, or at least get the worry bug under control.

From writers such as Jeanene Ecob author of *Everday Jitters* Mary Sheedy Kurcinka author of *Raising Your Spirited Child* and Tamar Chanksy author of *Freeing Your Child from Anxiety*, and Washington Post columnist Suzanne Nelson, I learned these ideas:

Give the worry a name: Somehow giving a worry a name makes it feel less scary and more manageable. My favourite picture storybook for toddlers 'There's a Hippopotamus on our Roof' by Hazel Edwards, personifies fear of the dark as a friendly hippo. A hippo is much more friendly and easier to boss around if you're a child.

Put your worries in a jar: Wouldn't it be great to put all your worries into a safe and throw away the key? As an adult you may do this when you take time out to watch your favourite TV show; or lose yourself browsing for hours online. Children need something a little more practical. They can write their worries on some paper and lock them away in a jar by the side of the bed at the end of the day. It's good to know that their worries can't get out because they are locked up tight.

Limit talking time: Kids have a need to verbalise their worries but talking needs to be contained to prevent their worries from dominating their lives. Set aside ten minutes a day to talk about their worries and then put worry time aside until tomorrow.

Normalise rather than lionise their anxiety: Anxious kids are very sensitive to their parents' concerns and worries. One way we build their concerns is by continually reassuring them that things will be fine. One reassurance should be sufficient most of the time followed by "I've already talked to you about that." Continually going over old ground can allow worries to linger longer than necessary.



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Worry about the things worth worrying about: Worrying is energy sapping and can take up too much of anyone's time. As your child gets older it helps him or her to distinguish between what's worth worrying about and what's not. Helping them prioritise their worries makes them feel like they are in control.

Give them the tools to relax: My wife relaxes in front of the TV, which is sufficient for her to take her mind off her worries. My daughter and I need a bigger set of tools including mindfulness and exercise to help us neutralise our worries. I know when my daughter is physically tired she's less likely to get herself worried or worked up. It's not that worriers can't function well. They generally over-function as they come to grips with their anxieties. Not only can worrywart children be hard for parents to live with, but also they can become difficult partners and friends as adults. This makes childhood the perfect time for parents, not so much to nip worries in the bud but to give natural born worriers some tools and strategies to make life more tolerable now and, importantly, in the future.

**Karen Jenkin
Principal**

Special Group Photos 2016

Special Group Photos are now available for order. If your child is a Captain or Junior School Council Representative, please come and have a look at the photo board at the office. Photos are \$17.00 each if ordering online or \$14 each if you pay by cash or cheque. Please collect an envelope or online instructions from the office.

OSHC

The booking forms are now available for the Out of School Hours Care June/July holiday care. Children will not be automatically booked in for the holiday program. Forms can be collected from the office or OSHC. Please return forms by **FRIDAY, 17th JUNE** to reserve a place for your child/children.

Compass Program for Parents

We are changing the way we do things at Pinewood Primary School by using the Compass program!

The school is being pro-active in using the program to keep parents up to date with what is happening with their children.

PARENTS WHO HAVE NEVER LOGGED IN SHOULD HAVE RECEIVED THEIR USER NAME AND PASSWORD THIS WEEK. IF YOU HAVE NOT RECEIVED YOUR DETAILS, PLEASE CONTACT THE OFFICE.

CHANGES WE ARE MAKING :

Term 2

- ◆ When you receive an **SMS message** from the school the identifying name will be PPSAlert. Please read as it may contain important information about the school
- ◆ The **Parent Portal** has been enabled which will allow parents to provide explanations for student absences. If parents are currently logged in, they will need to log out and log in again to see this new feature. From next Monday, parents will receive an SMS message at 10am when a child is reported absent from school. Parents will be reminded to log in to Compass and approve the absence or late arrival of each child. Pending leave approvals will be waiting in your News Feed.
- ◆ The paper **newsletter** will be slowly phased out. Parents will still have the option of receiving a paper copy. A request form will be sent home during the next few weeks.
- ◆ **Parent/Teacher Interviews will be booked online through the Compass program. For parents that do not have a computer or the internet, an iPad will be available at the front office for parent use.**
- ◆ Parents will be given a hard copy of the **student report** this year and reports will also be available from Compass.

Term 3

- ◆ Parents will be encouraged to make payments for **excursions & incursions** through Compass. By using the program, parents can give consent, pay and receive a receipt which will cut out the need to have cash on hand and also help parents who are unable to come to the school. Parents may pay by Visa, Mastercard, Visa Debit etc. AMEX is not accepted.
- ◆ For parents who do not have access to a computer or the internet, paper forms will still be available.



E.A.L. NEWS

E.A.L Excursion Report

Last Thursday morning we went on an E.A.L excursion with Preps to Year 6 students. We went to the Pinewood Shopping Centre. Firstly, my favourite shop was the newsagent (Tatts) because it has lots and lots of things and they also have lots of news in there.

My second favourite shop was the Fish and Chips shop. Because they have lots of yummy things into eat.

Later we went back to school. I really liked this excursion. I hope we can have another excursion like this.

*Report by Jacqueline H. (5K)
E.A.L Student*

Last Thursday we went to the Pinewood Shopping centre and we had to look after the Preps and there were multi-age groups. There were some shops and Coles was one of them. There was an Optometrist shop too. There were a lot more shops and there was a Post Office and Samsara a Middle Eastern restaurant. I would like to go there.

I enjoyed the excursion and I enjoyed looking after the Preps. It was an EAL excursion. I liked the multi-age. It was fun.

By ALI A. Year 6

People and Places

E.A.L EXCURSION Report - Our Community

Last week, Pinewood Primary School E.A.L Prep to Grade 6 went to Pinewood Shopping Centre. We went there to learn about the different people and places. Our Grade six's needed to look after the Prep children.

My favourite place was the ice-cream shop, because I like eating ice-cream and they have many flavours of ice-cream. They have ice-cream cake too!

Another place that I liked was the cinema, because I like to watch movies and I like to sit on the soft chair and relax.

I really enjoyed the excursion, because I learnt a lot and enjoyed the time that I had with the Prep children. I hope we do it again next time!

By Nancy Tu (6U) E.A.L student

ART NEWS

THE ART OF ANIMALIA

Pinewood Primary School's Art Show

Tuesday 30th August 2016

Calling all parent/guardian volunteers...

We require volunteers to hang a class of artwork (between 20-32 pieces) on Monday 29th August between 11:00am – 2:00pm. Please contact Fran or Jess to express your interest ASAP.

A meeting to discuss the specifics of hanging the exhibition pieces will be held in the ARTROOM on Tuesday 14th June at 3:00pm. If unavailable on this date, please speak to Fran or Jess for a quick briefing.

FRAN COMBES & JESS MURPHY

SPORT NEWS

HOUSE CROSS COUNTRY

A big thank you to Mr Byron for his outstanding organisation of this event. The children looked fabulous in their house colours. Everyone ran their hearts out and it was a great effort by everyone.

Congratulations to all the winners. The scores were -

Dampier	439 points
Sturt	349 points
Cook	326 points
Flinders	326 points.

A REMINDER THAT CONFIDENTIAL INFORMATION FORMS, INCLUDING THOSE WITHOUT CHANGES, WERE DUE BACK ON FRIDAY, 29th APRIL, 2016. There are a number of forms that have not been returned. Please be aware that if contact numbers have changed and the school has not been notified, we cannot be held responsible for not contacting you in an emergency.