



Newsletter

30 APRIL 2015

CALENDAR

May

1st Winter Sport for Years 5&6

2nd SCHOOL FETE

4th Grade 4 'Hands on Science' Incursion

8th Mothers Day Stall

8th Winter Sport for Years 5&6

8th Science Incursion for Preps

15th Curriculum Day. No children to attend on this day. **After Care will be available.**

18th—22nd Year 5 – 6 Camp Weekaway

25-29th Education Week

25th Yr 2 Excursion to Como House

27th Open Morning

28th Grandparents & Special Friends Morning Tea

27th Open Night for Parents

29th SDSSA Cross Country

29th Whole School Disco

June

5th Winter Sport for Years 5&6

8th Queens Birthday Public Holiday. No children to attend on this day.

19th SDSSA Soccer Round Robin

26th Term 2 ends at 2.30pm.

Dear Parents,

FETE

The time has come, the Fete is almost here! I'm looking forward to seeing you all at our Fete this Saturday. There are rides, stalls, great prizes to be won in the auction, entertainment and plenty of food. Many thanks to Sandra McGregor, Sandra James, Jenny Thomas and our parent team for the fabulous organisation they have done to prepare for Saturday. Hopefully the weather will be kind to us. Thank you also to all those parents who have volunteered to work on the stalls on Saturday. We still need a few more volunteers, so if your name is not down for anything please come in or ring up and let us know. We can allocate a stall for you to work on for an hour. See you all on Saturday!

ANZAC DAY CEREMONY

Our School and House Captains conducted a very moving Anzac Day Ceremony at our assembly last Friday afternoon. As part of this ceremony the students showed a DVD which was compiled by our Art teacher, Miss Francine and Mrs Hayden, our Librarian. The DVD depicted images of military personnel, with connections to families at Pinewood, who served during the two World Wars. The ceremony ended with the Ode of Remembrance and the laying of a wreath and flowers under the Australian flag. I congratulate our school leaders for the wonderful manner in which they conducted the ceremony.

PARENT FORUM

On Wednesday morning our school psychologist, Angela Delle-Vergini, presented a fabulous talk to parents on the topic of, 'How to recognise anxiety in children'. The session was very well attended by over 30 parents. The feedback from parents was excellent, with many parents requesting another information session next term! Thank you to Angela for making the parent presentation so informative and interesting.

NAPLAN

NAPLAN is scheduled for Years 3&5 students on the 12th, 13th, and 14th of May. All children are expected to participate in the NAPLAN program unless parents have specific reasons for their child NOT to take part. If you have any concerns or questions, please discuss these with your child's teacher or myself.

PRINCIPAL'S CORNER

When searching for advice for parents about assisting children to prepare psychologically for the NAPLAN program, I found the following article to be relevant and constructive in its content. I hope you find the following article to be of benefit.



Karen Jenkin
Principal



Helping students get ready for the NAPLAN tests.

By Michael Grose- Parenting Ideas

The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

During the second week of May, Australian children in Years 3, 5, 7 and 9 will take part in the National Assessment Program – Literacy and Numeracy (NAPLAN). The stated purpose of this testing program is to gain an overall picture of educational attainment levels to assist education policy and decision-making.

As a parent, it helps your child, if you take a positive view of the NAPLAN tests. It's better to see them as learning opportunities for kids as well as opportunities to overcome any anxieties or nerves that these tests may bring on. It's also worth remembering that many children don't stress over these tests. The vast majority take them in their stride, wondering what all the fuss is about.

Whether your child stresses or takes them in his stride here are some tips to help prepare for the NAPLAN tests:

1 Take your cues from your child: If your child doesn't worry about them then neither should you. Be careful not to create a problem that doesn't exist by incessantly talking about, or worse, worrying about the test.

2 Focus on doing their best and trying hard: Choose your words carefully when you speak with your kids. As with all their learning activities place your focus squarely on effort rather than results. The only pressure on kids should be to try hard rather than to do well.

3 Listen to any concerns they have: If your child confesses to some nerves then validate their feelings, rather than shut them down with a 'get over it' response. "Yes, sometimes tests can be a little scary, but they get easier every time you take them." Use this as an opportunity to develop some emotional smarts, which starts with recognising how kids feel.

4 Give them some relaxation ideas: Anxious or nervous kids will benefit from some simple relaxation strategies. Taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.

5 Help them retain their perspective: One way to help children who become excessively anxious about an event is to ask what's the worst thing that could happen? Okay, they may not do as well as they would like

but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise.

A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it's going on school camp, joining a new club or sitting a NAPLAN test.

Karen Jenkin
Principal

STUDENT OF THE WEEK

Hendrix Mitchell **Prep R**
For the fantastic effort he is making to learn his Wizard Words and use them in his writing. Well done Hendrix!

Lucas Nguyen **Prep M**
For the wonderful progress he has made with his Wizard Words. Well done!

Charlie Anthonisz **Prep H**
For listening carefully to instructions. Charlie works hard to complete his work to a high standard. Well done Charlie!

Michael Shi **5T**
For the excellent story you wrote titled 'The Dig'. It was inventive, funny and we all enjoyed it very much. Well done!

Branden Valentan **6U**
For his brilliant poem 'ANZAC Wishes'. It was a very touching piece, Branden. Well done!

James Kermond **3B**
For his enthusiastic attitude towards his learning. James always produces high quality work.

Mia Valiontis **2D**
For her engaging presentation of her kitten 'Pendle's' for Fascinating Friday. Your presentation was informative and interesting.

Leo Lorenc **6H**
For working hard to produce high quality work and seeking feedback to improve in his learning.

Inaya Kotadia **1JK**
For being such a positive hard working and helpful member of our class. Well done Inaya!

Tiana Raimondi **2M**
For always bringing a positive attitude to school and working hard to complete all activities. Well done.



30 APRIL 2015

Eric Hu **5C**
For being a co-operative and helpful translator and for your efforts in class discussion. Keep up the great work!

Ruhi Majumder **Prep L**
For her enthusiastic attitude towards school and for always trying her best in class activities. Well done and keep it up!

Jenny Oh **4R**
For contributing more regularly during class discussions and for always being extremely polite. Keep it up Jenny!

Shasmeen Bhimani **1A**
For always using lovely manners and being kind to her classmates. Keep up the good work!

Yianni Gkiokas **5K**
For the wonderful effort up you put into completing your work. You can always be relied upon to do your best. Well done Yianni.

Dylan Schmitt **4M**
For always putting in his best effort in all his work. You are a role model to the class. Keep up the great work.

Chris Ardeleanu **3K**
For being brave and sharing his writing with the whole class.

Akila Mannapperuma **1T**
For the wonderful effort he is putting into completing all class activities. Keep it up, Akila.

Jasmine Janiksela **3M**
For writing a narrative piece containing the necessary elements to engage the reader.

PE AWARD **5C**
For executing a range of hockey skills at a high standard.

GRADE 3 DINNER
Straits Kitchen, Pinewood
When: [Friday 8th May](#)
Time: [7.30pm](#)



For further details please contact Lisa: [0413 015 143](tel:0413 015 143)
Bookings essential. RSVP 24th April

PARENTS CLUB NEWS

**MOTHERS DAY
STALL
NEXT FRIDAY (8th)
Catalogues will go
home on Monday.**



FOOTBALL STAR ACADEMY

TERM 2: STARTS WEDNESDAY 6 MAY

**Pinewood Primary School
3:45pm-4:45pm**

(This is a weekly program running from Wed 6 May through to Wed 24 June; with final session - FSA CUP DAY - to be held on Sat 27 June)

COST is \$22 per session

FOR FURTHER DETAILS /BOOKING CONTACT
TIM FRANCIS, FSA HEAD COACH
Phone: 0434 522 038
Email: vic18.football@sportstaracademy.com.au

OAKLEIGH - MT WAVERLEY - CLAYTON

**There will be no School
Banking Day
TUESDAY 5th MAY**

Royal Children's Hospital Good Friday Appeal

Congratulations to the Pinewood Primary School community who raised the magnificent sum of \$497.15



30 APRIL 2015

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In our modern, busy lives, we are constantly multi tasking. It is so easy to lose awareness of the present moment as we become lost and stressed in our efforts to juggle work, home, finances, and other conflicting demands.

Do you live your life on "automatic pilot"?

Is your mind constantly thinking of the past and worrying about the future?

Mindfulness Meditation allows you to become more aware of the "present moment".

Becoming more aware of your present thoughts, feelings and sensations may not sound like a helpful thing to do, however learning to do this in a way that suspends judgment and self-criticism can have an incredibly positive impact on your day-to-day life.

Enjoy this session of guided Mindfulness Meditation and welcome a new, strengthened ability to concentrate, dramatically reduce your stress, and experience a greater sense of overall wellbeing in your mind, body and spirit.

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(voucher is valid for 6 months from the 2nd May 2015)

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MUSIC NEWS

Recorders

Our Year 4 students are making good progress on their recorders, and some will be able to bring them home this week. They must be able to play low notes without squeaking, so parents, if your child does not sound good, remind them to 'cover the holes carefully, breathe gently'. That way everyone will be happy!

Orchestra

Children should bring their instruments on all Mondays in May for Orchestra practice. Parents please help them to remember.

Marimbas at the Fete

Our 5/6 Marimba group children will be playing at the Fete this Saturday at 10.30 a.m. We hope you enjoy our music.

Open Night

On Wednesday May 27th every child in the school will perform on the stage in the school hall, between 6.45 and 8 p.m. The younger year levels will be in the first half, with older children performing from 7.30 p.m. There will be singing! there will be instruments! We look forward to seeing children perform, and are preparing in class music sessions.

Ms Heather McLaughlin
Mrs Nicole Blowfield
(Music teachers)





30 APRIL 2015

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**Saturday,
2nd May
10am—3pm**



HOTEL
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